



READ SMARTER
— NOT HARDER —

GROUP GUIDE

Book Club Discussion Guide

A better structure for conversations about serious books.

A group guide for book clubs, teams, and small groups that want discussion to move from favorite quotes into clearer thinking and shared action.

READ

CAPTURE

APPLY

Free resource from Read Smarter, Not Harder

Printable, practical, and built for turning books into usable insight.

4 PAGES

1 Before the Conversation

A useful discussion needs a center. Pick the question before the group starts trading impressions.

Book

Meeting date

Shared discussion question

Idea most likely to create useful disagreement

2 Facilitator Setup

- ☐ Ask each person to bring one useful passage and one real application.
- ☐ Start with the problem the book helps the group see.
- ☐ Protect disagreement that clarifies the idea.
- ☐ End with one action, experiment, or follow-up question.

Finish when the meeting has a center

- ☐ The group has one shared question.
- ☐ The ending action is planned before discussion begins.

3

Discussion Prompts

What did this book help you notice that you had been moving past too quickly?

Which idea sounds simple but becomes harder in real life?

Where would this idea change a decision, habit, meeting, or relationship?

What part of the book do you partly resist, and why?

What example from your own life makes the idea more concrete?

What should the group test before the next meeting?

4 Group Application

Finish with something observable. Good discussion should leave a trace.

Idea the group wants to test

Owner or first mover

Date to revisit

What evidence will show the idea mattered?

What question should stay open?

 Finish when the group leaves with a trace

- ☐ One idea has an owner or first mover.
- ☐ The group knows what evidence to revisit.